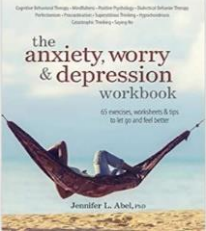
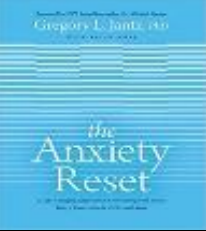
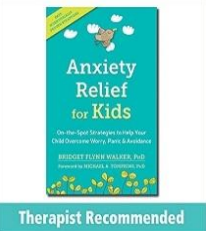
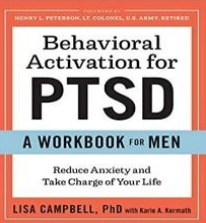
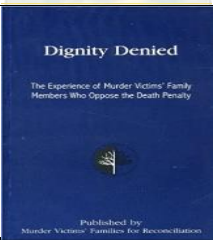

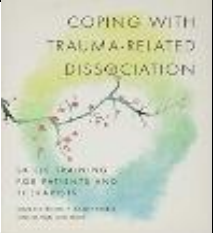
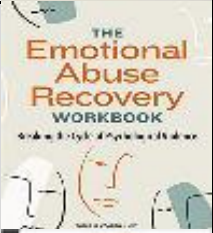
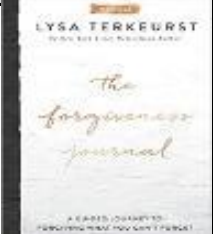




# Victim Services Public Library

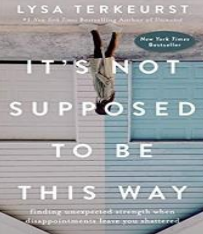
To inquire about specific item, please contact CorVictimLiaison@mt.gov or (406) 444-0447

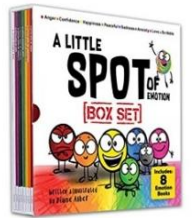
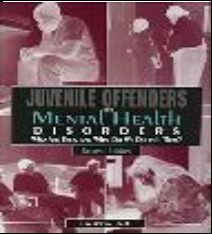
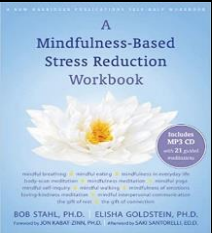
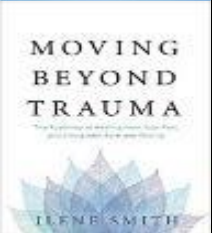
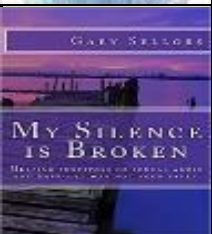
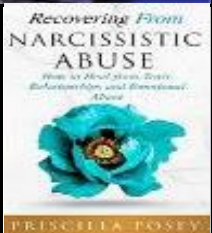
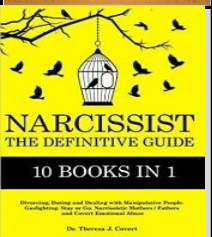
Book #	Click picture for link	Title	Available
1		The Anxiety, Worry & Depression Workbook: 65 Exercises, Worksheets & Tips to Improve Mood and Feel Better	1
2		How To Tame My Anxiety Monster (Mindful Monster Collection)	1
3		The Anxiety Reset: A Life-Changing Approach to Overcoming Fear, Stress, Worry, Panic Attacks, OCD and More	2
4	 Therapist Recommended	Anxiety Relief for Kids: On-the-Spot Strategies to Help Your Child Overcome Worry, Panic, and Avoidance	1
5		The Body Awareness Workbook for Trauma: Release Trauma from Your Body, Find Emotional Balance, and Connect with Your Inner Wisdom	1
6		Behavioral Activation for PTSD: A Workbook for Men: Reduce Anxiety and Take Charge of Your Life	2


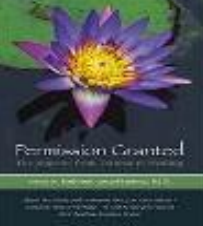

Book #	Click picture for link	Title	Available
7		The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma	25
8		The Body Keeps Score: Treating Trauma Workbook	25
9		The Body Keeps Score: Treating Trauma Workbook (Black)	25
10		Breaking Free Workbook: Practical help for survivors of child sexual abuse: Help for Survivors of Child Sex Abuse (Insight)	5
11		Changing Lenses: A New Focus for Crime and Justice	2
12		Cupboard Boy: A shockingly true story	2
13		Consumer Protection Law in a Nutshell	1

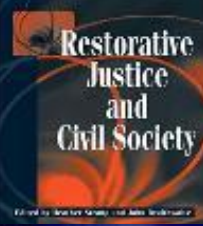
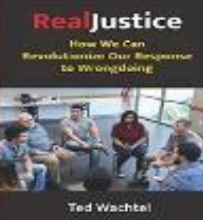


Book #	Click picture for link	Title	Available
14		Dignity Denied: The Experience of Murder Victims' Family Members Who Oppose the Death Penalty	1
15		Burying Jane Doe: A Journey of Courage and Strength	3
16		Coping with Trauma-Related Dissociation: Skills Training for Patients and Therapists (Norton Series on Interpersonal Neurobiology)	2
17		The Emotional Abuse Recovery Workbook: Breaking the Cycle of Psychological Violence	5
18		The Forgiveness Journal: A Guided Journey to Forgiving What You Can't Forget	5
19		Forgiving What You Can't Forget Study Guide: Discover How to Move On, Make Peace with Painful Memories, and Create a Life That's Beautiful Again	1
20		Forgiving What You Can't Forget DVD Study	1

Book #	Click picture for link	Title	Available
21		The Gift of Fear: Survival Signals that protect us from violence	2
22		The Gifts of Imperfection: Let Go of Who You Think You're Supposed to Be and Embrace Who You Are	2
23		Healing After Loss: Daily Meditations For Working Through Grief Paperback	2
24		Healing Days: A Guide For Kids Who Have Experienced Trauma	1
25		Healing Developmental Trauma: How Early Trauma Affects Self-Regulation, Self-Image, and the Capacity for Relationships	1
26		Healing Steps: A Gentle Path to Recovery for Survivors of Childhood Sexual Abuse	5
27		Healing the Trauma of Abuse: A Women's Workbook	2

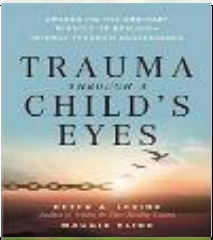
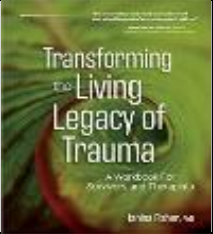
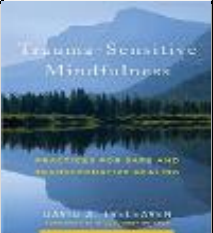
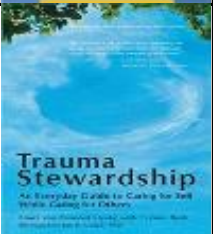
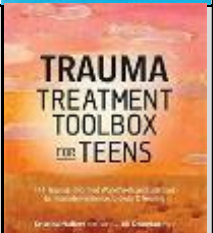
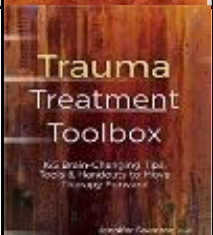
Book #	Click picture for link	Title	Available
28		Journey to Heal: Seven Essential Steps of Recovery for Survivors of Childhood Sexual Abuse	2
29		It's Not Supposed to Be This Way: Finding Unexpected Strength When Disappointments Leave You Shattered	1
30		It's Not Supposed to Be This Way Study Guide with DVD: Finding Unexpected Strength When Disappointments Leave You Shattered	1
31		Healing Trauma: A Pioneering Program for Restoring the Wisdom of Your Body	1
32		Healing the Survivors: 8 Steps to Whole-Self Healing for Sexual Trauma Survivors	2
33		If The Man You Love Was Abused: A Couple's Guide to Healing	2
34		The Little Book of Restorative Justice (The Little Books of Justice & Peacebuilding)	1

Book #	Click picture for link	Title	Available
35		A Little SPOT of Emotion 8 Book Box Set (Books 1-8: Anger, Anxiety, Peaceful, Happiness, Sadness, Confidence, Love, & Scribble Emotion)	1
36		Juvenile Offenders with Mental Health Disorders: Who Are They and What Do We Do With Them?	1
37		A Mindfulness-Based Stress Reduction Workbook (A New Harbinger Self-Help Workbook)	1
38		Moving Beyond Trauma: The Roadmap to Healing from Your Past and Living with Ease and Vitality	2
39		My Silence is Broken: A workbook for helping survivors of Sexual Abuse and Rape	2
40		Recovering From Narcissistic Abuse: How to Heal from Toxic Relationships and Emotional Abuse	2
41		Narcissist: The Definitive Guide - 10 books in 1 - Divorcing, Dating and Dealing with Manipulative People. Gaslighting. Stay or Go. Narcissistic Mothers/Fathers and Covert Emotional abuse	1


Book #	Click picture for link	Title	Available
42		No Place for Abuse: Biblical Practical Resources to Counteract Domestic Violence	1
43		Community Outreach Toolkit	1
44		Permission Granted: The Journey from Trauma to Healing: From Rape, Sexual Assault, And Emotional Abuse (The Collective Voice of 'We' Healing Collection)	2
45		The Power to Break Free Workbook: For Victims & Survivors of Domestic Violence	100
46		Practicing Mindfulness: 75 Essential Meditations to Reduce Stress, Improve Mental Health, and Find Peace in the Everyday	1
47		Restoring Justice, Fifth Edition: An Introduction to Restorative Justice	1
48		Repairing Communities Through Restorative Justice	1

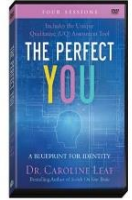
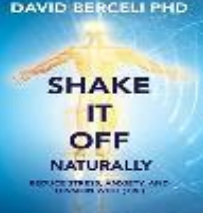
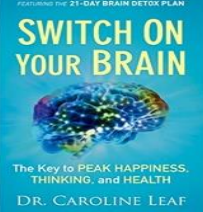
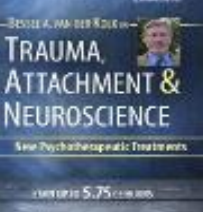
Book #	Click picture for link	Title	Available
49		Restorative Justice and Civil Society	1
50		A Restorative Justice Reader	1
51		Survivors & Partners: Healing the Relationships of Sexual Abuse Survivors	1
52		Real Justice: How We Can Revolutionize Our Response to Wrongdoing	1
53		Real Justice Training Manual : Coordinating Family Group Conferences	1
54		The Science of Mindfulness: A Research-Based Path to Well-Being	1
55		Trauma Bonding: How to Stop Feeling Stuck, Overcome Heartache, Anxiety and PTSD – Includes Q&A and Case Studies	20



Book #	Click picture for link	Title	Available
56		Trauma Through a Child's Eyes: Awakening the Ordinary Miracle of Healing	1
57		Transforming The Living Legacy of Trauma: A Workbook for Survivors and Therapists	7
58		Blank	
59		Trauma-Sensitive Mindfulness: Practices for Safe and Transformative Healing	2
60		Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others	3
61		Trauma Treatment Toolbox for Teens: 144 Trauma-Informed Worksheets and Exercises to Promote Resilience, Growth & Healing	3
62		Trauma Treatment Toolbox: 165 Brain-Changing Tips, Tools & Handouts to Move Therapy Forward	1

Book #	Click picture for link	Title	Available
63		Transcending: Reflections Of Crime Victims	2
64		Waking the Tiger: Healing Trauma	2
65		When a Woman You Love Was Abused: A Husband's Guide to Helping Her Overcome Childhood Sexual Molestation	1
66		Abuse: Pursuing Wholeness DVD	1
67		Cognitive Behavioral Therapy: Techniques for Retraining Your Brain	1
68	No Image	Donald Marshall Sr. Cultural Youth Camp	1
69	No Image	Donald Marshall Youth Camp	1

Book #	Click picture for link	Title	Available
70	No Image	Cognitive Principles and Restructuring	1
71		Depression: Out of the Shadows	1
72		Eye for an Eye	1
73		Heal - Change Your Mind. Change Your Body. Change Your Life	1
74	No Image	Meeting with a Killer	1
75		Pathway to Healing: A Trauma Recovery Program	1
76	<a href="#">No Image</a>	Saving the Next Generation: Domestic Violence Fatality Reviews in Indian Country	1

Book #	Click picture for link	Title	Available
77		The Perfect You: A Blueprint for Identity	2
78		Shake It Off Naturally: Reduce Stress, Anxiety, and Tension with [TRE]	1
79		The Science of Mindfulness: A Research-Based Path to Well-Being	1
80		Switch on Your Brain: The Key to Peak Happiness, Thinking, and Health	1
81		Trauma, Attachment & Neuroscience with Bessel van der Kolk, M.D.: Brain, Mind & Body in the Healing of Trauma	1
82		Victim Impact: Listen and Learn	2