

OFFICE CHAIR FEATURES

for Increased Health, Comfort & Productivity



4112 TUF Medium

A, B, C, D, E, F,
G, H, J, and K

4113 TUF Large

A, B, C, D, E, F,
G, H, J, and K



4116 TUF Deluxe

A, C, E, F, G,
H, J, and K



4125 Snap

C, D, G, H,
J, and K



4350 Management

C, D, H, J, and K



4360 CXO

A, B, C, D, E,
F, G, H, I,
J, K, and L



4910 Pilot Deluxe

A, B, C, D, E, G,
H, I, and J



4021 Senator High Back

C and L



4022 Senator Low Back

C and L



4031 Gallatin High Back

C and L



4032 Gallatin Low Back

C and L



4705 Leather High Back

A, B, C, and J



4790 Ithaca

A, B, C, E, G,
H, J, and K



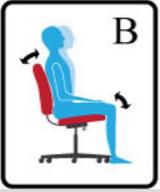
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ERGONOMIC SEATING ADJUSTMENTS

for Increased Health, Comfort & Productivity



A. Tension Adjustment
Increase or decrease to match body weight. Allows you to rock comfortably, without heavy pushing, reducing muscle fatigue.



B. Chair Tilt Lock
Lock the tilt movement in position to accommodate your working posture. Allows you to lock your chair in a comfortable and supportive position.



C. Seat Height
Raise or lower to allow your feet to rest flat on the floor. Avoids pressure under your thighs, easing blood flow.



D. Back Height
Raise or lower to position lumbar support in your lumbar area. Reduces likelihood of back pain.



E. Seat Depth
Change the depth of the seat to accommodate the length of your thighs. Keeps your back in contact with the backrest while avoiding pressure behind your knees.



F. Forward Seat Angle
Allows chair to tilt forward changing the angle of your thighs in relation to the floor. Helps reduce disc pressure during forward leaning tasks.



G. Back Angle
Adjust to change the angle of your torso in relation to your thighs. Helps reduce disc pressure and relaxes your back muscles.



H. Arm Height
Raise or lower to support your forearms. Reduces muscular effort in neck and shoulders, minimizing risk of pain.



I. Waterfall Seat Edge
Reduces pressure at the back of the knees, contributing to good blood flow.



J. Properly Contoured
Cushions support the body effectively, allowing you to sit longer without discomfort.



K. Arm Width
Allows outward movement of armrests to match shoulder breadth. Ensures armrests properly support forearms, reducing muscular effort in neck and shoulders.



L. Center-Tilt Movement
Chair tilts from a pivot point under the center of the seat allowing you to rock. When your feet are well supported, blood flow is enhanced.

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