



## ADULT COMMUNITY CORRECTIONS DIVISION STANDARD OPERATING PROCEDURES

Procedure No.: ACCD 5.3.300	Subject: <b>ANGER MANAGEMENT</b>
Reference: 53-1-201, MCA; 53-1-202, MCA	Page 1 of 2
Effective Date: 03/13/14	Revision Dates:
Signature / Title: /s/ Pam Bunke, ACCD Administrator	

### I. DIVISION DIRECTIVE:

The Adult Community Corrections Division programs and facilities will implement the programs determined by the Department of Corrections to be beneficial to offenders' rehabilitation and reentry to the community.

### II. DEFINITIONS:

ACCD-Adult Community Corrections Division Program/Facility – The Division includes the Adult Interstate Bureau; the Probation and Parole Bureau which provides the Day Reporting Programs (DRP), Intensive Supervision Programs (ISP), and Enhanced Supervision Program (ESP); the Missoula Assessment and Sanction Center (MASC); and the Facilities Program Bureau which includes Treasure State Correctional Training Center (TSCTC), and the contracted facilities of Prerelease Centers (PRC), Sanction Treatment Assessment Revocation & Transition (START), Warm Springs Addiction Treatment and Change Program (WATCH), Connections Corrections Program (CCP), Passages Alcohol and Drug Treatment (Passages ADT), Passages Assessment Sanction & Revocation Center (Passages ASRC), NEXUS Correctional Treatment Center (NEXUS), and Elkhorn Treatment Center (Elkhorn).

Department or DOC – The Montana Department of Corrections.

Prerelease Facility Contract Manager – The Department's employee who acts as the liaison for services and monitors the contractual agreements between the Department and prerelease centers: Alpha House PRC, Gallatin County Re-entry Program, Butte PRC, Great Falls Transition Center, Helena PRC, and Missoula PRC.

Reentry – The transition of an offender from prison back to the community.

Treatment Facility Contract Manager – The Department's employee who acts as the liaison for services and monitors the contractual agreement between the Department and ACCD contract treatment facilities: START, CCP, Passages, Elkhorn, Nexus, and WATCH.

### III. PROCEDURES:

- A. The Department requires ACCD programs/facilities to provide access to cognitive-behavioral anger management programs/curriculums for offenders.
- B. The purpose of an anger management program is to provide education in the following areas:
  1. Common causes of angry feelings, along with methods for developing insight into one's own feelings;

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2. Methods for changing one's thoughts/beliefs about situations that may precipitate anger;
3. Choices exercised when reacting to/expressing angry feelings; and
4. Basis for making choices in how to manage anger in one's life.

#### **IV. CLOSING:**

Questions regarding this procedure should be directed to the Facility Administrator or appropriate Contract Manager.